DEPARTMENT OF SOCIAL SERVICES 744 P Street, Sacramento, CA 95814

September 27, 1994

ALL-COUNTY INFORMATION NOTICE 1-37-94

TO: ALL-COUNTY WELFARE DIRECTORS

REASON FOR THIS TRANSMITTAL	R
[] State Law Change	
[] Federal Law or Regulation	Ĺ
Change [] Court Order or Settlement	[
Agreement	,
[] Clarification Requested by One or More Counties	L
[X] Initiated by CDSS	[X

SUBJECT: ADULT SERVICES ANNUAL CONFERENCE

The Adult Services Annual Conference is scheduled for November 2, 3, and 4 1994. The location of this year's conference will again be the Asilomar Conference Center in Pacific Grove, California. The program offers keynote speakers and workshops addressing a variety of contemporary issues relating to adult services. A preliminary conference agenda and workshop program details are attached.

We urge you to attend and support your staff's participation as this conference provides valuable learning opportunities for individuals working in the adult services field.

The official program and registration materials will be mailed in early August. For those interested in attending the Asilomar Conference, the registration form and payment must be returned by October 14, 1994.

Please contact Mike Decker, Adult Services Asilomar Conference Registrar, if you have any questions. He can be reached in San Bernardino County. His telephone number is (909) 387-2400.

CAROLAR. WIDEMON

Deputy Director

Adult Services Division

Attachment

5. Don't Burn Out Before Your Time, Staying Vital Until the End, By Kelley Reid.

We will define the terms "burnout" and "vitality" as they apply to professional helping careers and any life well lived. Discussion will focus on letting our "higher power" guide our career choices, using our professional vitality to serve our clients, helping the elders we serve stay vigorous, and knowing when to let go of the helper role and life itself. The only expert in the room will be everyone in the room.

6. <u>Effective Interviewing Skills to Use with Persons with Developmental Disabilities; Cultural and Communication Issues</u>, by Nora J. Valaderian, Ph. D., Director of Disability Abuse and Personal Right Project of Spectrum Institute, Director of Counseling Center of West Los Angeles.

How to interview people with Developmental Disabilities and deal with communication and cultural barriers.

7. Communicating with Mentally Disabled Older Adults, by Ellie Huffman, MSW, LCSW, Retired.

A workshop on how to communicate and relate to mentally disabled older adults.

Thursday Workshops 1:00 p.m. to 4:00 p.m.

1. <u>Intimacy and Vulnerability in Later Life</u>, by Wendy Lustbader, MSW.

Older people often face a great deal of loss through death and relocation that can make them reluctant to open themselves to new relationships. At the same time, loneliness can make them vulnerable to exploitation during times of need. This session will help participants examine why the elderly persons may resist intimacy and explore ways to help them break down these barriers to form mutually satisfying friendships.

2. <u>Crime Management Strategies, Common Sense Self Defense Anti-Assault Seminar for Social Workers,</u> by Bruce Anderson

Self defense techniques and strategies developed for use by social workers in the field. Protecting yourself through positive personal projection; awareness training and strategy; prevention techniques for home, work, shopping, your vehicle, ATMs, home visits, etc.; suspect profiles and behaviors; various types of assault and effective defenses; types and efficiency of legal weapons and security devices.

3. <u>Chemically Dependent Clients, Intervention Skills for the Social Worker</u>, by William Demers and Kim Stoeckmann.

The goal of this ppresentation to introduce staff to the challenges presented by chemical dependence. We have geared our training primarily to individuals working in the helping professions who need basic knowledge of addiction, with a specific emphasis on practical skills and techniques to improve effectiveness in working with this population. This overview will include pertinent information about addiction as well as co-dependence. The instruction given to staff will teach them practical approaches and methods that will allow them to reduce interpersonal stress when providing services to individuals and families affected by the disease of chemical dependence.

4. When Do I Refer for Conservatorship, a Social Worker's Guide, by Phil Rheinheimer, MPA.

A seminar designed for the social worker to assist them in evaluating the risk and need for conservatorship. Intervention techniques, an understanding of the legal process, and an understanding of different conservatorship.

5. Don't Burn Out Before Your Time, Staving Vital Until the End, By Kelley Reid.

We will define the terms "burnout" and "vitality" as they apply to professional helping careers and any life well lived. Discussion will focus on letting our "higher power" guide our career choices, using our professional vitality to serve our clients, helping the elders we serve stay vigorous, and knowing when to let go of the helper role and life itself. The only expert in the room will be everyone in the room.

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Thursday General Session 7:00 p.m.

State Report -- Question and Answer period.

Friday, November 4, 1994

Friday General Session: Mary Ann Nihart, UC Davis Sponsor.